

**PE Overview**

	<b><u>Autumn 1</u></b>	<b><u>Autumn 2</u></b>	<b><u>Spring 1</u></b>	<b><u>Spring 2</u></b>	<b><u>Summer 1</u></b>	<b><u>Summer 2</u></b>
<b><u>EYFS</u></b>	Fundamentals 1 (direction of travel)	Fundamentals 2 (rhythm and balance)	Dance (travelling sequence)	Gymnastics (move with control)	Games (stop and start)	Athletics (running, throwing)
<b><u>Yr 1</u></b>	Fundamentals	Games (throw and catch)	Gymnastics (travel and shapes)	Dance (large body moves)	Net and Wall Games (send and receive)	Athletics (running, jumping)
<b><u>Yr 2</u></b>	Games (throw and catch)	Games (control and kick)	Dance (small body moves)	Gymnastics (balance and rolls)	Striking and Fielding (ball skills)	Athletics (jumping, throwing)
<b><u>Yr 3</u></b>	Invasion Games (football)	Invasion Games (hockey)	Dance (short sequences)	Gymnastics (take off and landing)	Striking and Fielding (cricket)	Athletics (running technique)
<b><u>Yr 4</u></b>	Invasion games (basketball, netball)	Invasion Games (tag rugby)	Gymnastics (jump/roll sequences)	Dance (sequences as duet)	Striking and Fielding (rounders)	Athletics (throwing technique)
<b><u>Yr 5</u></b>	Invasion Games (tag rugby, football)	Invasion Games (hockey)	Gymnastics (group sequences)	Dance (gesture and emotion)	Net and Wall Games (tennis)	Striking and Fielding (cricket)
<b><u>Yr 6</u></b>	Invasion games (netball, basketball)	Young Leaders	Invasion Games (hockey)	Net and Wall Games (tennis)	Striking and Fielding (rounders)	Athletics (pace and endurance)